

Taking the Guesswork out of Getting Fit and Healthy



My Genetic Body

Personal DNA profiling for wellbeing and fitness

Unlock Your Potential

- Better digestion
- Improved weight management
- Reduce inflammation
- Increase your energy



Balance Your Microbiome



Understand Your Body

Identify food intolerances
See your metabolic profile
900 foods rated against your DNA
Which foods to avoid

Start to Purify

Boost immunity
Enjoy better digestion
Reduce aches & pains
Prevent inflammation
Manage weight & reduce cravings
Enhanced mental focus

Optimized Supplementation

Which vitamins work for you...
...and which do not
Detoxification advice
Effect of alcohol & caffeine

Elite health begins by targeting health at its core:
The Microbiome

Product Comparison – We focus on **QUALITY**

In house laboratory	✓	✗	✗	✗	✗	✗	✗	✓
Lab certification	ISO15189, ISO9001, Medical License	NONE	NONE	NONE	CLIA, CAP	NONE	NONE	CLIA, CAP
Supplement manufacture	✓	✗	✗	✗	✗	✗	✗	✗
Cosmetics manufacture	✓	✗	✗	✗	✗	✗	✗	✗
Lifestyle genetic testing	✓	✓	✓	✓	✓	✗	✓	✗
Medical genetic testing	✓	✓	✗	✗	✓	✓	✓	✓
Number of Analyses	50+ genetic programs	3	3	2	1	1	11	3

WE DON'T GUESS

WE TEST

WE GUARANTEE

Your unique report



200 pages of in-depth knowledge about your body. It's the opportunity to really understand what you need to be healthy.



NUTRIGENETICS

Nutrigenetics - Gluten intolerance



Your nutrition is very important. Based on your genes and their associated strengths and weaknesses you should increase or decrease certain foods and nutrients. These recommendations are calculated based on your genetic profile.

Your personalized recommendations based on this section:



NUTRIGENETICS

Nutrigenetics - Lactose intolerance



Your nutrition is very important. Based on your genes and their associated strengths and weaknesses you should increase or decrease certain foods and nutrients. These recommendations are calculated based on your genetic profile.

Your personalized recommendations based on this section:

Recommendations for healthy nutrition		Recommendations to improve performance		Vegetables and vegetable products										All values per standard serving							
other	ready	other	ready																		
●●●●●		●●●●●		Sweet pepper yellow	100	40	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0
●●●●●		●●●●●		Sweet pepper green	100	20	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0
●●●●●		●●●●●		Sweet pepper red	100	20	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0
●●●●●		●●●●●		Kale	100	40	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0
●●●●●		●●●●●		Cucumber	100	40	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0
●●●●●		●●●●●		Capers	100	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
●●●●●		●●●●●		Carrot	100	40	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0
●●●●●		●●●●●		Kidney beans	100	40	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0
●●●●●		●●●●●		Garlic	100	40	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0
●●●●●		●●●●●		Celery	100	40	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0
●●●●●		●●●●●		Kohlrabi	100	40	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0
●●●●●		●●●●●		Turnip	100	40	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0
●●●●●		●●●●●		Lettuce	100	4	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0
●●●●●		●●●●●		Butternut pumpkin	100	4	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0
●●●●●		●●●●●		Pumpkin Hokkaido	100	4	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0
●●●●●		●●●●●		Spring onion	100	40	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0
●●●●●		●●●●●		Lima bean	100	40	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0
●●●●●		●●●●●		Lufa Bean	100	40	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0
●●●●●		●●●●●		Dandelion	100	40	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0
●●●●●		●●●●●		Chard	100	40	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0
●●●●●		●●●●●		Horseradish	100	4	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0
●●●●●		●●●●●		Mixed pickles	100	40	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0
●●●●●		●●●●●		Dill	100	40	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0



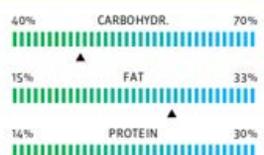
CALORIC DISTRIBUTION

Your optimal caloric distribution

On the basis of the individual genetic relationship between red and white muscle fibres, as well as the type of sport you practice, we can define a calorie distribution that will lead to your best performance.

Your result

Here you can see the optimal calorie distribution for your genes and sport. If you adjust your diet before the competition, the body is supplied with the right proportion of macronutrients. The result is better performance in power and in endurance sport. So, it would be advisable to revise your diet before a competition to this distribution in order to increase your performance to the maximum.



The Purify Program



1 x My Genetic Body DNA Test
1 x ProArgi-9+
1 x Body Prime

1 x Biome Actives
1 x Biome Shake
1 x Biome DT

Special offer price

£369 (RRP £650)



The Ultimate Health Supplement

- ✓ Enhances blood flow to ALL vital organs
- ✓ May aid in decreasing body fat and building muscle mass
- ✓ Inhibits myeloperoxidase, an enzyme known to oxidize LDL cholesterol
- ✓ Supports overall gut and cardiovascular health
- ✓ Combats the negative effects of premature cardiovascular aging
- ✓ Helps maintain healthy blood pressure levels



1998 Nobel Prize Winner

Breakthrough Purification

- ✓ Detoxifies, cleanses and balances the microbiome
- ✓ Lubricates the digestive tract to facilitate contaminant elimination
- ✓ Activates enzymes to target contaminants
- ✓ Aids healthy bacteria with pH balancing fermentable fibre
- ✓ Supports healing of the digestive lining with L-glutamine



Purification & Efficiency

- ✓ Supports cleansing and bowel motility
- ✓ Magnesium helps maintain healthy electrolyte balance and reduce fatigue
- ✓ Contributes to muscle function



Supports Healthy Immune Functions

- ✓ Provides 1 billion CFU (colony forming units) of Bacillus coagulans per capsule
- ✓ Helps healthy bacteria by optimizing pH balance with lactic acid-forming bacteria
- ✓ Feeds healthy bacteria with prebiotics



Pea Protein Shake

- ✓ Microbiome repair with amino acids
- ✓ Inulin to feed "friendly" bacteria
- ✓ Activates detoxification
- ✓ Vegan



Nutrigenetics - The Science For Elite Health



Scientifically Proven Supplementation – From Synergy Worldwide

SYNERGY INNOVATION

THE HUGHES CENTER FOR RESEARCH & INNOVATION

- Microbiome Research
- Product Formulation
- Clinical Studies
- Ingredient Testing
- Scientific Validation



Medically Approved DNA Testing – From Novogenia

NOVOGENIA

LICENSED GENETIC TESTING LABORATORY

300m² laboratory space

Capacity of 200 000 Customers per month



Data security is particularly important in the field of genetic analysis, and our highest priority. All customer data is protected using state of the art security technologies, and always kept in accordance with valid EU legal regulations. Your data will never be shared with 3rd parties, you can request the deletion, correction, blocking or cancellation of your data any time. We are proud to care for our customers data – not sell it.

Discover and start building The New You

It's time to take the guesswork out of
getting fit and healthy
with DNA Testing

Talk to



Business Entrepreneur?

Interested in earning £500 – £5000
or more per month?



Be one of the first to offer these innovative solutions in nutrigenetic health care. We have obtained the exclusive rights to launch the **“My Genetic Body”** program here in the UK. Join us – catch the wave.